

**You are not
broken; you are
healing.
Please don't give up.**



**The Unopened Box is here
for you!**



**Your past does not
define who you are
today.**



**The Unopened Box is here
for you!**



**You deserve
kindness, especially
from yourself.**



**The Unopened Box is here
for you!**



**It's okay to rest;
you don't have to
be strong all the
time.**



**The Unopened Box is here
for you!**



**You are strong for
surviving, and you
are brave for
healing.**



**The Unopened Box is here
for you!**



**Your needs are
important, and it's
okay to ask for
help.**



**The Unopened Box is here
for you!**



**You are allowed to
feel peace, and it's
safe to trust again.**



**The Unopened Box is here
for you!**



**You are worthy of
all the love and joy
life has to offer.**



**The Unopened Box is here
for you!**



**It's okay to let go of
the past; you are
free to create a
new story.**



**The Unopened Box is here
for you!**



**Keep going. Your
future self will be
so proud. Let your
light shine.**



**The Unopened Box is here
for you!**



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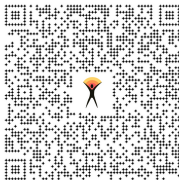
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